

The Detroit News

ALL-METRO EAST FOOTBALL TEAM

Teams were selected after consultations with coaches and staff observations

BY TOM MARKOWSKI | The Detroit News

ENDS

TAIWAN JONES

New Baltimore Anchor Bay, 6-3, 215, senior

Limited to two games last season due to a knee injury, Jones bounced back and showed why he's a Big Ten recruit (committed to Michigan State). Jones had 34 receptions for 507 yards and three touchdowns. He had 84 carries for 856 yards and 12 touchdowns.



SHANE VAN FLETEREN

Utica, 6-2, 185, senior

Named MVP of the Macomb Area Conference White Division, Van Fleteren had, in 10 games, 74 receptions for 1,231 yards and 11 touchdowns to lead his team to the division championship and its first state playoff appearance since 2005. At safety, he had 53 tackles, 62 assists, four interceptions, five deflections, one fumble recovery and he forced one fumble.



ERIC POSAVETZ

Utica Ford, 6-1, 185, senior

Posavetz also started at defensive back and had two interceptions. He returned a punt for a touchdown and a kickoff for a TD. As a receiver he had 52 receptions for 837 yards and 11 TDs. "He's a pretty confident player with his ability," coach Todd Winters said. "Eric found open spaces and made some incredible catches. He was a highlight waiting to happen."



OFFENSIVE LINEMEN

ADAM BENNETT

Romeo, 6-3, 265, senior

A three-year starter at center, Bennett was one of the top offensive linemen in Macomb County the last two seasons. "He took on responsibilities as a sophomore for line calls," co-coach Jason Couch said. At nose tackle, Bennett had 46 tackles.



TOM CZERWIENSKI

Fraser, 6-5, 275, senior

Czerwienski played guard and Fraser ran the ball to his side most of the time. "Tom has incredible strength and great size which made him an excellent run blocker," coach Joe Kaczanowski said. "Tom's greatest asset was his intensity. He didn't just want to make the block; he wanted to bury the player he was blocking." At defensive tackle, he had 32 tackles, five tackles for loss, two sacks, one fumble recovery and one interception.



MIKE KEITH

Warren DeLaSalle, 6-1, 245, senior

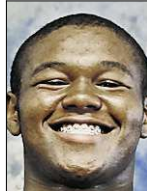
A two-year, two-way starter, Keith was a tenacious run blocker and a tremendous pulling guard. DeLaSalle averaged 175 yards rushing and it won five state playoff games with Keith in the starting lineup. At linebacker, he's second in school history in career tackles. This season, he had 26 unassisted and 94 assists.



REGGIE LEWIS

Grosse Pointe South, 6-3, 285, senior

A two-year, two-way starter at offensive and defensive tackle, Lewis is a tremendous blocker. A state qualifier in wrestling, Lewis had 72 tackles this season. He was selected to the first team all-conference the last two years and was a big reason why South reached the Division 2 semifinals for the first time.



BERNARD TAYLOR

Macomb Dakota, 6-2, 280, senior

A two-year starter, Taylor committed to Indiana. Taylor started at offensive and defensive tackle. On defense, Taylor had 67 unassisted tackles, 36 assists and 10 sacks. On offense, Taylor had 19 pancake blocks and was the lead blocker on traps. Taylor helped Dakota average 400 yards per game.



QUARTERBACK

BRAD MORRIS

Macomb Dakota, 5-11, 170 senior

A three-year starter, Morris led Dakota to the Division 1 region finals. This season he completed 133 of 221 attempts for 2,017 yards, 15 touchdowns and eight interceptions. He rushed for 1,003 yards and 17 touchdowns on 135 carries. At safety he had 38 total tackles and four interceptions.



RUNNING BACKS

CHRIS ANDERSON

St. Clair Shores Lake Shore, 6-1, 200, senior

A three-year varsity player, Anderson scored 67 touchdowns in his career. This season, Anderson rushed for 1,455 yards on 125 carries. He led the team in receptions (32) and scored 32 touchdowns. Anderson returned a kickoff 97 yards for a touchdown and a punt 52 yards for a touchdown.



RYAN BURKARD

Romeo, 5-10, 185, senior

Injured all of last season, Burkard started all 11 games and rushed for 1,238 yards and 21 touchdowns on 179 carries. He played some at outside linebacker. "Physically, he kept his legs pumping," co-coach Jason Couch said. "He had the combination of agility and power." Burkard was named MVP of the MAC Red Division.

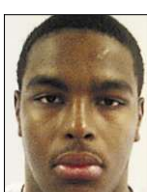


Defensive linemen

DARIUS BROWNLEE

Warren Fitzgerald, 6-1, 280, senior

A two-year starter, Brownlee started at offensive and defensive tackle. Defense was his specialty but he was efficient on both sides. Brownlee had 35 tackles, 13 tackles for loss and two sacks. He has a 3.8 grade-point average. "He was our only lineman to play both ways," coach Jason Byers said. "He's the best lineman I've coached in nine years as a head coach."



JAKE DETAMORE

Marine City, 6-0, 195, senior

A three-year starter, Detamore had 60 tackles this season, including 10 sacks and five tackles for a loss. He was elected captain the last two years. "He's a very bright player," coach Tony Scarcelli said. "He would change the defense according to the formations."



TROY HINDS

St. Clair Shores Lakeview, 6-0, 215, senior

A two-year starter at defensive end, Hinds also played running back, mostly as a blocking back. In nine games, Hinds had 35 tackles, seven tackles for loss, four sacks, one fumble recovery and he caused one fumble. "I've never had to worry about doing his job and reading his keys," coach Pat Threet said.



CHRIS NASH

Roseville, 6-5, 220, senior

A four-year starter at defense end, Nash was responsible for many areas including long snapper, place kicker and kickoffs. He also started at tight end. Nash had 10 receptions for 335 yards and one touchdown. Defensively he had 37 tackles, 15 assists, four sacks, one fumble recovery and he blocked one punt block and forced one fumble.



LINEBACKERS

WILL REEVES

Grosse Pointe South, 6-0, 230, senior

A first-team selection last season, Reeves played linebacker until the eighth week this season before moving to strong safety. Reeves led the team in tackles the last three seasons, including 130 this year. He also had 19 tackles for loss, five sacks and one interception.



JON SULEK

Sterling Heights Stevenson, 6-1, 215, senior

A three-year starter, Sulek is the school's career record-older for tackles (343). This season he had 112 in seven games. He also played fullback at times. "Jon had the ability to read and react quicker than anyone I've coached," coach Steve Gorsalski said. "Just to watch him on film and see how fast he gets to the ball is amazing. He's a very smart young man."



QUANTEZ WILLIAMS

St. Clair Shores South Lake, 6-0, 190, senior

Williams also saw time at running back and had 235 yards rushing and five touchdowns. At middle linebacker he had 101 tackles, 19 tackles for loss, five sacks and he forced three fumbles. "It's his tenacity that made him so good," coach Steve Senters said. "He plays downhill. He had a good nose for the football."



DEFENSIVE BACKS

MIKE ABIRAGI

Warren DeLaSalle, 5-9, 178, junior

A first-team all-county selection, Abiragi had 15 unassisted tackles and 53 total. He had three interceptions, one he returned for a touchdown. Abiragi also started late in the season at running back and rushed for over 100 yards in three straight games. He averaged 8.3 yards per carry, scored 10 touchdowns including two on kickoff returns.



BRANDON BARTNECK

Utica Eisenhower, 6-4, 190, senior

"He was a great safety and he kept us in so many games with his punting," coach Bob Lantz said. "Every one of his seven interceptions was spectacular." In nine games, Bartneck had 52 tackles, six interceptions and he had three touchdown interceptions. He averaged 37 yards on 32 punts. Bartneck has a 4.1 grade-point average and is No. 1 in his class academically.



ZAK BIELECKI

Macomb Lutheran North, 6-0, 190, senior

A three-year starter, Bielecki is quite possibly the best player on North's 38-year history. This season he had 121 tackles and three interceptions, two were returned for touchdowns. Bielecki had 191 carries for 1,473 yards and 19 touchdowns. He had 25 kick returns for 622 yards and three touchdowns.



ANTHONY SCARCELLI

Marine City, 6-0, 177, junior

Scarcelli played a number of positions. A three-year starter on defense, Scarcelli had 58 tackles this season, seven for loss, three interceptions and two sacks. He had 636 yards rushing and nine touchdowns on 65 carries. Scarcelli had 22 receptions for 476 yards and five touchdowns.



SPECIALIST

RAYSHAWN NANCE

Warren Woods Tower, 6-3, 205, senior

A two-year starter, Nance played running back, receiver, defensive back and he returned kickoffs. Nance rushed for 840 yards and 12 touchdowns on 75 carries. He had 23 receptions for 382 yards and four touchdowns. Nance had 13 kickoff returns for 274 yards and on defense he had 47 tackles, seven tackles for loss, one interception and one blocked kick.



KICKER

KRIS SELITA

Macomb Dakota, 6-0, 175, senior

A two-year starter, Selita kicked the winning field goal in the season opener against Muskegon (23-20). This season, Selita was 8-for-11 on field goal tries with a long of 37 yards. He was 35 of 37 on extra points and he had 38 touchbacks on 58 kickoffs.



COACH OF THE YEAR

PAT THREET

St. Clair Shores Lakeview

Lakeview had its best season and Threet was the main reason. He took over the program last season and it finished 5-4. "I always felt they had good kids here," Threet said. This season, Lakeview tied for the MAC Silver Division title, qualified for the playoffs for the first time and won a Division 2 playoff game against Port Huron Northern, 14-7.



Roll call

Monday

BASEBALL
American League
CHICAGO - Claimed RHP Waldis Joaquin off waivers from San Francisco.
National League
CINCINNATI - Agreed to terms LHP Dontrelle Willis on a minor league contract.
HOUSTON - Named Tom Lawless manager, Don Alexander pitching coach, Stubby Clapp hitting coach and Eric Gonzalez athletic trainer for Corpus Christi (Texas).
LOS ANGELES - Named Dave Hansen hitting instructor, Trey Hillman bench coach, Davey Lopes first base coach and Tim Lincecum third base coach.
NEW YORK METS - Named Terry Collins manager.
PHILADELPHIA - Named Mark Parent manager of Reading (EL), Mickey Morandini manager of Williamsport (N.Y.-Penn) and Chris Truby manager of Lakeview (SAL).

BASEBALL
National Basketball Association
WASHINGTON - Signed G-F Alonzo Gee. Waived G Lester Hudson.
NBA Development League
RIO GRANDE VALLEY Vipers - Signed G Antonio Anderson. Waived C Jordan Eglseder.

FOOTBALL
National Football League
NFL - Fined Oakland DL Richard Seymour \$25,000, for striking Pittsburgh QB Ben Roethlisberger in the helmet in a Nov. 21 game.
CINCINNATI - Placed S Chris Crocker and DE Froyee Rucker on the injured reserve list. Signed CB Jonathan Wade. Activated DE Antwan Odom.

MINNESOTA - Fired coach Brad Childress. Named Leslie Frazier interim coach.
HOCKEY
National Hockey League
NEW JERSEY - Recalled D Mark Fayne from Albany (AHL).
American Hockey League
SAN ANTONIO RAMPAGE - Assigned D Nick Ross to Las Vegas (ECHL).

ECHL
ECHL - Suspended Elmira's Brennan Turner one game and fined him an undisclosed amount for his actions in a Nov. 21 game. Reading, Fined Toledo's Adam Keele and Florida's Mike Egner undisclosed amounts for their actions in a Nov. 19 game at Florida.

LACROSSE
National Lacrosse League
CALGARY ROUGHNECKS - Named Bob McMahon defensive coordinator.
MINNESOTA SWARM - Re-signed F Andrew Watt and F Travis Hill to two-year contract extensions and G Nick Patterson and D Matt Kelly to one-year contracts.

SOCCER
Major League Soccer
PORTLAND TIMBERS - Acquired D-MF Jeremy Hall from New York for a 2011 third-round draft pick. Acquired an international roster slot for the 2011 and 2012 seasons from the LA Galaxy in exchange for allocation money.
COLLEGE
NORTHEAST CONFERENCE - Announced Rhode Island is joining the conference as an associate member in football, effective with the 2013 season.

ARKANSAS-MONTICELLO - Announced the resignation of football coach Gwaine Mathews.
DUKE - Named Stephen Kovacs men's assistant fencing coach.
IDAHO STATE - Named Mike Kramer football coach.

MISSISSIPPI - Suspended sophomore WR Melvin Harris for breaking team rules.
SYRACUSE - Announced assistant head football coach and special teams coordinator Bob Casullo has left the staff.
TEXAS A&M-KINGSVILLE - Named Ricki Rothbauer softball coach.
TEXAS STATE - Fired football coach Brad Wright.
UNC GREENSBORO - Named Justin Maullin men's soccer coach.

Football

NFL

NATIONAL CONFERENCE		W	L	T	Pct	PF	PA
North							
Chicago	7	3	0	.700	146	146	
Green Bay	7	3	0	.700	252	146	
Minnesota	3	7	0	.300	172	226	
Detroit	2	8	0	.200	234	237	
East							
Philadelphia	7	3	0	.700	284	226	
N.Y. Giants	6	4	0	.600	253	220	
Washington	5	5	0	.500	202	245	
Dallas	3	7	0	.300	229	271	
South							
Atlanta	8	2	0	.800	256	192	
New Orleans	7	3	0	.700	235	170	
Tampa Bay	7	3	0	.700	209	206	
Carolina	1	9	0	.100	117	252	
West							
Seattle	5	5	0	.500	185	233	
St. Louis	4	6	0	.400	177	198	
San Francisco	3	7	0	.300	160	219	
Arizona	3	7	0	.300	188	292	
AMERICAN CONFERENCE							
East							
N.Y. Jets	8	2	0	.800	238	177	
New England	8	2	0	.800	289	242	
Miami	5	5	0	.500	172	208	
Buffalo	2	8	0	.200	213	276	
South							
Jacksonville	6	4	0	.600	220	270	
Indianapolis	6	4	0	.600	268	216	
Tennessee	5	5	0	.500	257	198	
Houston	4	6	0	.400	244	287	
North							
Baltimore	7	3	0	.700	233	178	
Pittsburgh	7	3	0	.700	235	165	
Cleveland	3	7	0	.300	192	206	
Cincinnati	2	8	0	.200	215	262	
West							
Kansas City	6	4	0	.600	243	207	
Oakland	5	5	0	.500	238	223	
San Diego	5	5	0	.500	274	211	
Denver	3	7	0	.300	217	287	

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